



# International House

## COVID-19 Policy at International House

**Vaccination Requirement.** All Resident Members of I-House are required to be vaccinated as a condition of membership and boosted when eligible. Only Resident Members who are granted a religious or medical exemption are exempt from the vaccine and booster requirement. All guests must be fully vaccinated to enter I-House, no exceptions and show proof of vaccination at the Claremont Desk during check-in.

**Testing.** I-House does not offer COVID-19 test kits for Resident Members but they are readily available at local pharmacies, online or [for free through the US government](#).

### POSITIVE COVID-19 DIAGNOSIS POLICY FOR RESIDENT MEMBERS

**Isolate in Place.** If a Resident Member tests positive for COVID-19, they are required to isolate in place in accordance with [COVID-19 Guidelines](#).

- Isolating in place means isolating within the Resident Member's room in I-House South, within the member's individual room in a multi-bedroom suite in the North Building, or in the member's studio or one-bedroom apartment in the North Building.
- Resident Members in isolation should not leave their space except for essential tasks such as to use the bathroom, obtain medical care, or to obtain food or medicine.
- Resident Members in isolation are not allowed to attend any I-House programs or events.
- Failure to comply with active COVID-19 policies is a violation of the I-House Code of Conduct and can result in a disciplinary action.

### Additional Protocols for a Positive COVID-19 Diagnosis:

1. It is strongly encouraged for resident members who test positive to immediately notify the Claremont Desk by calling **212.316.8448**. Informing I-House staff enables I-House to track case numbers and provide relevant information and timely updates as needed. The Claremont Desk will provide resident members with the *Isolate in Place* guidelines.
2. Do not leave your room except for essential tasks such as to use the bathroom, obtain medical care, or to obtain food or medicine. Resident Members in isolation are not allowed to attend any programs or events.
3. Resident Members are responsible for contacting their health provider regarding their health and treatments for COVID-19. I-House does not employ medical staff.
4. Resident Members must follow the latest [COVID-19 Guidelines](#), including:
  - a) **Mandatory Isolation is 5 Days.**  
*You can end isolation after 5 full days if you are fever-free for 24 hours without the use of fever-reducing medication and your other symptoms have improved (Loss of taste and smell may persist for weeks or months after recovery and need not delay the end of isolation.).*

b) ***Wear a mask in public spaces an additional 5 days after ending isolation.***  
You should continue to wear a [well-fitting mask](#) around others at home and in public for 5 additional days (day 6 through day 10) after the end of the 5-day isolation period. If you are unable to wear a mask when around others, you should continue to isolate for a full 10 days. Avoid people who have weakened immune systems or are [more likely to get very sick](#) from COVID-19, and other high-risk settings, until after at least 10 days.

c) ***Stay in isolation if symptoms are apparent after the initial 5-day isolation.***  
If you continue to have fever or your other symptoms have not improved after 5 days of isolation, you should wait to ***end your isolation until you are fever-free for 24 hours without the use of fever-reducing medication*** and your other symptoms have improved. Continue to wear a [well-fitting mask](#) through day 10. Contact your healthcare provider if you have questions.

***Wear a mask for 10 full days after symptom onset and avoid places you are unable to wear a mask.***

d) ***Test to ensure you are no longer positive.***  
The best approach is to use an [antigen test](#) towards the end of the 5-day isolation period. Collect the test sample only if you are fever-free for 24 hours without the use of fever-reducing medication and your other symptoms have improved. Follow additional recommendations for continued isolation and/or masking as indicated above and [avoid travel](#) until you test negative.

e) ***Ending Isolation.***  
I-House does NOT require that you take a COVID-19 test to end isolation. Resident Members are expected to recognize their personal responsibility in keeping the community safe by adhering to the isolate in place policy.

f) ***Questions regarding COVID-19 policies at International House?***  
Contact the Director of Global Health and Wellness Services at 212.316.7184 (Office), 914.673.9010 (Mobile) at [lpirro@ihouse-nyc.org](mailto:lpirro@ihouse-nyc.org)

g) ***In an emergency, dial 911, and notify the Claremont Desk of your name and your location in the House.***  
The front desk is also available to assist members in calling 911 emergency services. Other questions may be directed to the Public Safety House Manager on duty by dialing the Claremont Desk at 212.316.8448.