



### Look for these food preference indicators

MILK	<b>M</b>	<b>F</b>	FISH			
EGG	<b>E</b>	<b>SF</b>	SHELLFISH	VEGETARIAN	<b>V</b>	<b>GS</b> GLUTEN SENSITIVE
PEANUT	<b>P</b>	<b>S</b>	SOY	VEGAN	<b>VE</b>	<b>H</b> HALAL
TREE NUT	<b>TN</b>	<b>W</b>	WHEAT		<b>O</b>	ORGANIC



## Week of February 13, 2022

### Sunday

Closed

### MONDAY

Home-style: (Lunch): (BEEF) Shepherd's Pie, Egg Noodles, Sautéed Broccoli Rabe, Lemon-Caper Tofu (V)

Home-style: (Dinner): Tilapia Almondine with Tartar Sauce, Charred Honey-Lime Sweet Potatoes (V, GF), Roasted Broccoli & Cauliflower (VE, GF), Barbecue Tofu (VE)

### TUESDAY

Home-style: (Lunch): Baked Lemon-Garlic Chicken, Quinoa Primavera (V) Sautéed Kale (V), Vegan Eggplant Parmesan (V)

Home-style: (Dinner): Ginger-Teriyaki Beef, Vegetable Lo Mein, Bok-Choy Shiitake Stir-Fry, General Tso Seitan (V)

Grill Special: Traditional Grilled Cheese (V)

Burger of the Day: "The Haven Burger: Blue Cheese Tangy Picked Onions, Sweet Roasted Red Peppers Sliced & Crisp Arugula

### WEDNESDAY

Home-style: (Lunch): Southwest-Style Chili, Brown Rice Pilaf, Vegetable Medley (V), Vegan Chili (VE)

Home-style: (Dinner): Roasted Salmon w/ Lemon Butter Sauce, Baked Potato-Chive Sour Cream, Sautéed Green Beans, Butternut Squash w/ Fettucine & Grilled Leeks (V)

Grill Special: Chicago Style Hot Dog

Burger of the Day: "Tumbleweed Burger": Fried Sweet Onion Rings, Barbeque Sauce

### THURSDAY

Home-style: (Lunch): Carolina-Mustard Pulled Pork Slider, Cajun Steak Fries, Green Beans with Sundried Tomato, Vegan Spaghetti Squash Parmesan (V)

Home-style: (Dinner): Karahi Chicken Curry, Nann Bread, Cumin Roasted Carrots (VE), Vegetarian Paella (VE), Dal Makhani (V)

Grill Special: Grilled Portabella Mushroom Sandwich with Vegan Chipotle Spread (VE)

Burger of the Day: "Caprese Burger": Mozzarella, Sliced Tomato and Pesto

### FRIDAY

Home-style: (Lunch): Parmesan Crusted Cod w/ tomato-basil broth, Roasted Garlic Orzo (VE), Sautéed Spinach (VE), Tempeh Tuscan Vegetables Stew (VE)

Home-style: (Dinner): Bourbon Glazed Pork Loin, Barley-Rice Pilaf (VE), Cajun Roasted Corn (VE), Artichoke & Spinach Stuffed Acorn Squash (VE)

Grill Special: Honey Barbecue Chicken Sandwich

Burger of the Day: "Nacho Burger" Cheese Sauce, Salsa, Sliced Pickled Jalapenos and Blue Cheese Corn Tortilla Chips

### SATURDAY

Home-style: (Brunch): Oatmeal Bar (VE), Choice of Breakfast Meats, Broccoli Cheddar Quiche, Veggie Egg White Scramble (VE), Sweet Potato Home fries (V) Avocado Toast (VE)

Baked Ziti (V), (V) Rosemary Roasted Turkey with Au Jus, Zucchini & Squash Provencal (VE)

Grill Special: Eggs & Omelets to Order, Waffles (V) with Berries, Array of Burgers, Grilled Chicken

Please be advised that our menus are subject to change without notice.