



Look for these food preference indicators

MILK	M	F	FISH			
EGG	E	SF	SHELLFISH	VEGETARIAN	V	GS GLUTEN SENSITIVE
PEANUT	P	S	SOY	VEGAN	VE	H HALAL
TREE NUT	TN	W	WHEAT		O	ORGANIC



Free
THE FAMILY DIFFERENCE IN HOUSING SERVICES

Week of January 23, 2023

Sunday

Closed

Monday

Soup of the Day: Minestrone (VE)

Home-Style: (Lunch) Chicken Piccata, Penne (V), Grilled Broccoli (V), Vegan Meatballs Marinara (VE)

Home-Style: (Dinner) Ropa Viejas, Spanish Rice, Roasted Carrots (VE), Stuffed Pepper (VE),

Burger of the Day: Salmon Burger W/ Fries

Tuesday

Soup of the Day: French Onion (Contains Wine)

Home-Style: (Lunch): Blackened Chicken Breast (Halal), Sautéed Green Beans (VE), Mashed Sweet Potatoes, Citrus Spiced Lentils (VE)

Home-Style: (Dinner): Cajun Shrimp Alfredo, Parsnip Mash W/ Chives, Garlic Stick (VE), Black Pepper Tofu W/ Bok Choy (VE)

Burger of the Day: Portobello Burger (VE) W/ Fries

Wednesday

Soup of the Day: Cuban Black Bean (VE)

Home-Style: (Lunch) Smoked Catfish, Roasted Root Vegetables (VE), Rice Pilaf (VE), Butternut Squash W/ Lentils (VE)

Home-Style: (Dinner) Cranberry Glazed Pork Chops, Scalloped Potatoes, Roasted Broccoli (VE), Vegan Mac and Cheese (VE)

Burger of the Day: American Bistro Burger W/ Fries

Thursday

Soup of the Day: Tomato Florentine (VE)

Home-Style: (Lunch): Chicken Marsala (Halal), Mushroom Risotto (VE), Sautéed Spinach (VE), Tempeh Cashew and Carrot Stew (VE)

Home-Style: (Dinner): Smoked Carolina Brisket, Dirty Rice (VE), Sautéed Vegetables (VE), Vegan Bruschetta Pizza

Burger of the Day: Portobello Burger W/ Fries (VE)

Friday

Soup of the Day: Asian Garden (VE)

Home-Style: (Lunch): Southern Shrimp and Grits, Sautéed Green Beans W/ Onions (VE), Chilean Quinoa W/ Fresh Herbs (VE) Corn Bread (VE)

Home-Style: (Dinner): Sweet and Sour Chicken, Fried Rice (VE), Steamed Broccoli (VE), Spring Rolls (VE), Tofu W/ Eggplant in Garlic Sauce (VE)

Burger of the Day: Turkey Club (Bacon) W/ Fries

Saturday

Soup of the Day: Chicken Noodle

Home-Style: (Brunch): Cream of Wheat Bar (V) Breakfast Meats, Egg Strata, Hash Browns

Home-Style: (Lunch): Beef Stew, White Rice, Roasted Carrots, Plantains, Chickpea Stew (VE)

Grill: Brunch ALL-DAY! Burgers/Chicken Breast Available Upon Request

Please Be Advised That Our Menus Are Subject to Change Without Notice.