



International House

PEER COUNSELOR APPLICATION

To be a Peer Counselor, individuals must be licensed mental health professionals or studying in a clinical mental health discipline. Medical students will be considered on a case-by-case basis. PCs are required, without exception, to train for, and staff, weekend emergency on-call rotations 1x/month, and to cover on-call rotations during academic holidays and breaks. Peer counselors must be at International House from August 2023 through May 2024. The application deadline is 20 May 2023. Questions may be addressed to Lorraine Pirro, Director of Global Health and Wellness Services at lpirro@ihouse-nyc.org or, +1 914-673-9010.

1. Please introduce yourself with your country of origin, university, major, languages you speak, and duration living at International House.
2. Please describe why you would like to serve as a peer counselor at International House, including how you might benefit, and how you might contribute.
3. Please indicate your experience with the **assessment** of mental health disorders.
4. Please indicate your experience with the **diagnosis** of mental health disorders including but not limited to use of DSM-5 or ICD system.



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5. Please indicate your experience with **treating** mental health disorders including evidenced-based interventions.

6. Please indicate your experience with providing the modalities of individual, couples, group, and family counseling.

7. Please describe one case example where you demonstrated your strengths.

8. Please describe one case experience where you learned from a mistake or misstep.

9. Please list any groups you are qualified to lead (e.g., DBT skills groups, social skills groups for psychotic disorders or autism spectrum disorders, or social anxiety).



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Skills Inventory

Please indicate your level of expertise in the clinical areas listed below by writing the number 1, 2, 3, or N/A next to the item. Definitions: N/A = No skill in this area. Level 1 = Academic proficiency (received relevant training). Level 2 = Intermediate skills (i.e., direct practice experience). Level 3 = Expert (i.e., multi-year experience in terms of knowledge, skill, and direct practice).

Skill	Level	Skill	Level	Skill	Level	Skill	Level
Cognitive Behavioral Therapy		Eating Disorders		Psychometric Instruments		Trauma- and Stressor-Related Disorders	
Dialectical Behavioral Therapy		Assessing Dangerousness		Substance Use Disorders		Non-medication Interventions for ADHD	
Psychodynamic Psychotherapy		Assessing Psychosis		Grief and Loss		Anxiety Disorders	
LGBTQIA Counseling		Assessing Suicidality		Schizophrenia Spectrum Disorders		Relational Issues	
Exposure Therapy		Bipolar and Related Disorders		Autism Spectrum Disorders		Depressive Disorders	
Sleep-Wake Disorders		Personality Disorders		Obsessive-Compulsive and Related Disorders		Sexual Dysfunctions	



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Application Checklist:

1. **Curriculum Vitae (CV)/Resume**
2. **Two professional letters of reference (i.e., clinical supervisors or clinical professors)**
3. **Completed application form**
4. **Disclaimer and Signature** I certify that my answers are true and complete to the best of my knowledge. If this application leads to an offer for a fellowship position, I understand that false or misleading information in my application or interview may result in my release.

Signature: _____

Date: _____